



Did you know that Judaism has a prayer to be recited after one goes to the bathroom to relieve oneself? It goes like this:

*Blessed are You, Adonai our God, Sovereign of the universe, Who formed human beings with wisdom and created within them many openings and cavities. It is revealed and known before the throne of Your glory that if even one of them would be ruptured or blocked, it would be impossible to survive and to stand before You. Blessed are You, Adonai, Healer of all flesh who does wondrous deeds.*<sup>1</sup>

This prayer evokes a sense of wonder in me: everyone goes to the toilet numerous times a day. For most of us it happens so frequently that we don't even think about it. Yet this prayer specifically says to us: "Think about it."

I love that the intentionality built into Jewish life and practice wants us to stop for a moment and contemplate on the way out of the bathroom: "Wow. Imagine if I couldn't do what I just did in there? Imagine if one of my organs didn't do what it's supposed to? How would I survive?"

I believe in living gratefully – grateful for everything from my family to my friends to my job to my home to the food on my plate to my body; yes, that my body is able to function as it does, clinging daily, hourly, to life.

We are living in a time of pandemic where the behavior of almost every one of the 7+ billion

people on the planet has been transformed by fear, so much so that Jews are all spending Pesach home alone! We're afraid that the next cough or skipped beat might reveal that we've got it, that we are the latest statistic. I don't *think* I'm neurotic (though who am I to say?), but this week I noticed myself coughing a few times more frequently than usual, my throat more ticklish than usual. The more I noticed, the greater my panic escalated. I considered my preexisting health conditions and then I thought of all those blessings that I stand to lose, and indeed, I felt truly sick. How long would I have?

Eventually, in a moment when the kids weren't around, I told Rachel about my symptoms, and she said: "Yes of course. It's early April, which means spring, which means allergies."

Allergies? Allergies! Oh, how much I love you, my sweet allergies! In an instant my blessings came rushing back to me, all the things I would be able to hold onto at least a little while longer: my family, my friends, my job... and even my body which seems to have at least a few more miles left in it.

All these miracles of daily life are so easy to forget until we lose them. But our tradition has planned for that too. It offers us these lyrics to attach to the soundtrack of our lives each day upon waking:

*Modeh/ah Ani – למוֹדֵה אֲנִי thank you, living and eternal Sovereign, creator of life, for giving my soul back to me this morning in mercy. Great is your faithfulness to me.*

(Continued on page 2)



Hello to my dear temple members,

We are all experiencing an unprecedented event. Gathering together at times of distress to offer caring and comfort to each other has been our usual way of acting. During this coronavirus pandemic, we are not able even to gather with our families. If you are like me, you are finding our new life of sheltering to be a tremendous adjustment. I share my concern for all of you who are learning to live your lives under such completely changed circumstances.

I have had a number of telephone conversations as our congregation reaches out to its fellow members during this difficult time. Thanks so much to Linda Servetnick and Rebecca Weber for setting up a communication system that helps to keep us in touch. Outside of that system, I would like to urge all of you to give a call to at least one fellow congregant. If you have been wondering how certain people are getting along, your reaching out to those people might make a tremendous difference to them. Simply thinking of another is one thing, but actually letting a person know that you care enough to call is another. When people are feeling isolated, your effort can make a big difference.

Keeping our congregation connected is in your hands. Our current circumstances are a challenge and part of that challenge is adopting new behaviors; we all need to stretch beyond our comfort zones to be a community that continues to show kindness and caring to each other in unaccustomed ways. Please be a person who takes it upon yourself to connect with your fellow congregants.

Best wishes to my temple family,

Maxine

---

*Continued from page 1*

*Thank you for giving my heart understanding to distinguish day from night.*

*Thank you for making me in the divine image.*

*Thank you for letting all my openings and cavities work as they're supposed to.*

*Thank you for making me free.*

We never know what the future holds. But right now while it might feel like we have so much that we are afraid of losing, we have the opportunity to feel gratitude. May you and your loved ones be blessed with many, many new dawns – more than you can count. In the meantime though, I invite you to join me in saying “Thank You” each day that you wake to see new light. Gratitude – and sensible precautions – are how we’re going to get through this.

*BaShanah haBa'ah beYachad* - בשנה הבאה ביחד - Next year may we all be together,

*Michael*

---

<sup>1</sup> Our tradition teaches that this prayer, commonly known as *Asher Yatzar* , אשר יצר is to be recited after one leaves the bathroom, as the practice is to never utter God's name in a place where filth is typically exposed.

# All in the Family

---

## May Birthdays

Alice Nussbaum	May 2
Kevin Fleissig	May 4
Rachel Kest	May 5
Vivien Rothberg	May 13
Karen Schaffer	May 14
Sue Lederer	May 20
Judy Wolbert	May 21
Elena Davis	May 24
Maxine Newman	May 24
Ron Kraus	May 25
Beverly Zwick	May 25
Burt Segelin	May 26
Sandra Cohen	May 28
Shelby Nelson	May 29

## May Anniversaries

Thomas & Judy Wolbert	May 24
Stanley & Elaine Schaffer	May 26
Michael & Laurie Peres	May 29
Richard & Joyce Towber	May 30
Ron & Nancy Kraus	May 31
David & Susan Langmann	May 31
Burt & Marilyn Segelin	May 31

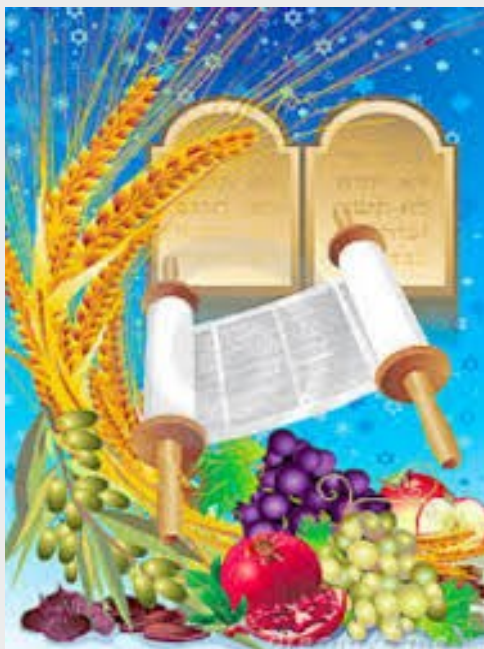
## June Birthdays

Bonnie Abrams	June 1
Barbara Grosh	June 1
Risa Saltzman	June 1
Rheva Kleinberg	June 2
Sue Eckhaus	June 6
Lisa Keeley	June 8
Nancy Kraus	June 10
Ruth Aranov	June 11
Judy Fleissig	June 16
Juliet Lande	June 16
Joanne Katzman	June 22
Olivia Meynadasy	June 26
Mira Phillips	June 30

## June Anniversaries

Myron & Rheva Kleinberg	June 7
Mike & Toby Berke	June 13
Steven Meyers & Barbara Weber	June 14
Ron & Jean Brandwein	June 18
Ed & Sue Drexler	June 18
Dan & Alice Nussbaum	June 20
Paul & Judy Eissenstat	June 25

Thank you to Scott and Merrie Franklin, Cindy Halpern  
and Maxine Manjos for sponsoring the cholent.



## Shavuot Services

### Erev Shavuot Thursday, May 28

6:00 PM Dinner/7:30 Service at Temple Beth Am

### Shavuot Day 1 Friday, May 29

9:00 AM Service at TBD

### Erev Shavuot Day 2 Friday, May 29

6:30 PM Service and Yizkor at Temple Beth Am

### Shavuot Day 2 Saturday, May 30

9:00 AM Service and Yizkor at BHBI

# Donations

Received February 16, 2020 - April 15, 2020

## DAVID SOLOMON FUND

### *IN MEMORY*

Irving Mindlin

Lilly Sherman  
Phillip & Sue Lederer  
Sanford Toole

Harry Herman

Phillip & Sue Lederer

Bessie Klein

Louis Klein

Mollie Roth

Bernard Roth

Fanny Simon Passer

Harry Cohen

Sandra Cohen

Sylvia Kowal

Elaine Gallant

Abraham Rothberg

Lewis Rothberg & Shelby Nelson

Werner Schaffer

Stanley & Elaine Schaffer

Betty Segelin

Burton & Marilyn Segelin

Joel Walter

Lilly Sherman

Irving M. Lubitow

Howard & Helen Kashtan

Abraham Lutzky

Phillip & Susan Lederer

Bernie Fleissig

Kevin & Judy Fleissig

Charles Conwell

Lewis Rothberg & Shelby Nelson

Sam Cohen

Sandra Cohen

## *HAPPY 90TH BIRTHDAY*

Irene DeMayo

Lilly Sherman

## *IN SUPPORT*

Lewis Rothberg & Shelby Nelson

## MARSHA FISHMAN YOUTH ED FUND

### *IN MEMORY*

Morris Herman

Phillip & Susan Lederer

## *IN SUPPORT*

Dolly Fishman

## *THANK YOU FOR SHALACH MANOS*

Florence Phillips

## RABBI DISCRETIONARY FUND

### *IN MEMORY*

Jewel Rothstein

Jacob Haymoff

Ruth Haymoff Comisar

Bill & Lisa Keeley

Jacob Goldman

Sophie Isaacson

Daniel Goldman

Minetta Klein

Lisa Klein

Linda A. Raphael

Marvin Raphael

## *IN SUPPORT*

Mike & Toby Berke

Gary Cohen & Pam Rosen

Ed & Sue Drexler

Bernard Roth

Stanley & Elaine Schaffer

## BRIGHTON FOOD CUPBOARD

### *PASSOVER BASKETS*

Jonathan Feldman & Alison Helms

Cindy Halpern

Howard & Helen Kashtan

Lisa Klein

Bernard Roth

Dan & Risa Saltzman

Ron & Carol Schott

Karen Schaffer

Beverly Zwick

## PURIM TZEDAKAH

### *IN SUPPORT*

Bonnie Abrams

Howard Brill & Barbara Grosh

Gary Cohen & Pam Rosen

Ed & Sue Drexler

Rhea Feinberg

Scott & Merrie Franklin

Cindy Halpern

Lisa Klein

Ron & Nancy Kraus

Marc Lande & Linda Servetnick

David & Susan Langmann

Phil & Sue Lederer

Maxine Manjos

Bernard Roth

Karen Schaffer

Ron & Carol Schott

## MITZVAH KIDDUSH FUND

### *IN MEMORY*

Irving Mindlin

Gary Cohen & Pam Rosen

Barbara Gertzog

Marc Lande & Linda Servetnick

Frieda Kupferman Brill

Gary Cohen & Pam Rosen

Marc Lande & Linda Servetnick

Samuel Applebaum

Annette Applebaum

Marvin Davis

Inge Schaffer

Marc Lande & Linda Servetnick

Lilly Abelson

Harry Abelson

Obbe Abelson

Rhea Feinberg

Shirley Shapiro

Daniel Shapiro

## *IN HONOR*

Frances Neurock Reading Haftarah

Karen Schaffer

## *GET WELL WISHES*

Milton Smith

Annette Applebaum

## TU B'SHEVAT TREE PROJECT

### *IN SUPPORT*

Jonathan Feldman & Alison Helms

## RABBI SKOPITZ FUND

### *IN MEMORY*

Irving Mindlin

Roberta Kinell

## HERB KRAUS ADULT ED FUND

### *IN MEMORY*

Frank Sherman

Lilly Sherman

## TORAH REPAIR FUND

### *IN MEMORY*

Norman Klein

Lisa Klein

 Donate



Donate online at  
[www.tbdrochester.org](http://www.tbdrochester.org)



# Books & Brunch

Join us for a discussion of Jewish-themed books over brunch  
Sunday, June 7 11:00 AM – 1:00 PM

**Broccoli and Other Tales of Food and Love**  
by Lara Vapnyar

This is a short story collection which  
features Brighton Beach emigres.

**RSVP to Carol Schott by June 3**  
**585.329.3546 or cjwschott@gmail.com**

**Open to the community!**



First Seder Camp Humphries Korea 2020

## **SOLDIERS PROJECT**

### ***IN MEMORY***

**Sheldon Feuerstein**

**Samuel Markus**

Sidney Markus

**Harry Vine**

**Max Gross**

Stanley & Michelle Gross

### ***IN THANKS***

**Frances Neurock**

### ***IN SUPPORT***

**Scott Bauman**

**Scott & Lori Davis**

**Barry & Julene Gilbert**

**Cindy Halpern**

**Maxine Newman**

**Dan & Alice Nussbaum**

**Bernie Roth**

**Lewis Rothberg & Shelby Nelson**

**Karen Schaffer**

**Thomas & Patricia Sullivan**

**Nancy Warshawsky**

**Miriam Weidenfeld**

Thank you for all the donations!  
Chag Sameach, Keith

## **From the home of Lisa Klein...**

Although these cookies are not elegant, they taste mighty good! They are coffee meringue kisses that my mother baked, just for me, every Pesach. The best ingredient was the love. This is my first attempt and I know that my mother, gone for many years, was with me to add the love.



**Passover Coffee Kisses**

2 egg whites  
1/2 cup sugar  
1/2 cup walnuts or almonds, finely chopped  
1 tablespoon of instant coffee

Heat oven to 300\*. Beat the egg whites until they form soft peaks. Slowly beat in sugar and continue beating until mixture is stiff. Fold in nuts and coffee by hand. Drop by teaspoonful onto parchment paper on cookie sheet. The mixture is sticky so you will need to use fingers to get mixture off of spoon. Bake for 25 minutes. Remove from oven and let sit for 5 minutes before removing from cookie sheet. These cookies are best eaten after a few hours so that the meringue has time to harden. Enjoy!

# Yahrzeits

## Date Observed

**May 1**  
Harry Gordon  
Samuel Newman  
Solomon Sherman

**May 2**  
Rose Feinberg  
Beatrice Vine

**May 3**  
Raymond Kinel

**May 4**  
Samuel Greenberg  
Bernard Servetnick

**May 5**  
Michael Rosen  
Jack Stephen Spitulnik  
Meyer Weinstein

**May 6**  
Rywka Kinel

**May 8**  
Sarah Markus  
Jonathan Rich

**May 10**  
Merrill Cohen  
Kathryn Schwartz

**May 11**  
Nadine Lande

**May 12**  
Jacob Kinel  
Max Stark

**May 13**  
Bruce Newman  
Lillian Pies

**May 14**  
Solomon Berke

**May 15**  
Irwin Applebaum

**May 17**  
Phillip Keirn

**May 19**  
Betty Herman

**May 21**  
Harry Eissenstat

**May 22**  
David Bauman

**May 25**  
Mollie Markus

**May 26**  
Milton Stoler

**May 28**  
Anne Hoffman  
Jack Weber

**May 30**  
Doris Cherkasky  
Rachel Gross  
Solomon Kashtan  
Leo Langmann

**May 31**  
Calvin Rosenbaum  
Sylvia Roth

The yahrzeit date that appears above is the date of observance using the secular calendar.  
These dates match those of the Hebrew calendar

**June 2**  
Harris Markus  
Ben Smith

**June 4**  
Al Rosen  
Annette Straussman

**June 5**  
Arlen Brodsky

**June 7**  
Joseph M. Haymoff

**June 8**  
Sara Rouso

**June 9**  
Harold Baker  
Louis Schatz

**June 10**  
Nellie Eissenstat

**June 11**  
Lois Markus  
Thelma Messinger

**June 12**  
Estelle Frieder Berke  
Janet Steinfeld-Feldman

**June 13**  
Eunice Freedman

**June 14**  
Esther (Erna) Przewuzman  
Ida Rosenbaum

**June 15**  
Joseph Blumkin

**June 17**  
Eugene Brandwein

**June 18**  
Hyman Freedman

**June 19**  
Burton Lurie  
Philip Lurie

**June 20**  
Edith Krovetz Jaffey  
Ida Markus

**June 21**  
Marcus Phillips  
Jean Rosen

**June 23**  
Hyman Cherkasky  
Helene Davis Penzik

**June 24**  
Celia Lurie

**June 25**  
Aaron Kinel

**June 27**  
Morris Segelin

**June 28**  
Emil Schott

**June 29**  
Elva Wesler

**June 30**  
Beverly (Stark) Schaffer



Find us on Facebook at **Temple Beth David - Rochester, NY**.  
You will find photos and videos, event information, recipes, Books & Brunch, articles, and more. If you are interested in certain types of content, please send suggestions to [office@tbdrochester.com](mailto:office@tbdrochester.com).

## SEND A CARD TO A FRIEND OR LOVED ONE!

Checks payable to: **Temple Beth David, 2131 Elmwood Avenue, Suite 204, Rochester, NY 14618**

Date \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_ Minimum donation \$10, or two for \$18

**Donor:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Recipient:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Card Message:**

- ☐ Get Well Wishes \_\_\_\_\_  
☐ Happy Birthday \_\_\_\_\_  
☐ Congratulations on \_\_\_\_\_

- ☐ In Memory of \_\_\_\_\_  
☐ In Honor of \_\_\_\_\_  
☐ In Appreciation of \_\_\_\_\_

Note: \_\_\_\_\_

**Fund:** If no fund is specified, your donation will be made to the David Solomon Operating Fund. Thank you.

- ☐ David Solomon Operating Fund  
☐ Marsha Fishman Youth Education Fund  
☐ Rabbi Discretionary Fund  
☐ Mitzvah Kiddush Donation

- ☐ Herb Kraus Adult Education Fund  
☐ Rabbi Skopitz Fund  
☐ Torah Repair Fund  
☐ Soldiers Project



Donations and dues payments may now be accepted online! Visit our donate page at [www.tbdrochester.org/donate](http://www.tbdrochester.org/donate) Online donation minimum \$10.



### Do you receive our Weekly News email?

If not, you are missing out on the latest news about Temple Beth David services and events, as well as community information. Call or email the Temple Office to add your name to the mailing list!

HIPAA (Health Insurance Portability and Accountability Act of 1996) is United States legislation that provides data privacy and security provisions for safeguarding medical information. Hospitals are no longer permitted to contact the temple office to notify us of admitted congregants.

Please contact the office with family news.



## BRIGHTON MEMORIAL CHAPEL, INC.

*Rochester's Jewish Funeral Home*

ESTABLISHING A NEW TRADITION



3325 Winton Road South,  
Rochester, NY 14623

**585-427-8520**

[www.BrightonMemorialChapel.com](http://www.BrightonMemorialChapel.com)

Jarrod M. Krieger, owner and 4th generation Rochesterian



TEMPLE  
BETH  
DAVID

2131 ELMWOOD AVENUE, SUITE 204  
ROCHESTER, NY 14618

*Address Service Requested*

NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
ROCHESTER, NY  
PERMIT No. 1111

AN AFFILIATE OF THE UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM  **USCJ** Seek meaning together

## Executive Board

**President** Maxine Manjos

### Vice Presidents

**Administration** Linda Servetnick

**Building** Scott Davis, Ed Drexler

**Education** Howard Brill

**Finance** Philip Katzman

**Recording Secretary** Cindy Halpern

**Ritual** Gary Cohen

## Board of Trustees

Scott Bauman, Michael Berke, Ron Brandwein,  
Neal Eckhaus, Judy Fleissig, Keith Freedman,  
Barbara Grosh, Alison Helms, David Langmann,  
Sue Lederer, Alice Nussbaum, Lewis Rothberg

## Temple Activity Chairs

**Book of Remembrance** Helen Kashtan

**Cemetery** Michael Berke

**Media Manager** Sue Eckhaus

**Office Manager** Rebecca Weber

**585-266-3223**

**office@tbdrochester.org**

**www.tbdrochester.org**

**Find us on Facebook!**

## Temple Funds

- **David Solomon Operating Fund**

*Supports General Temple Expenses and Maintenance*

- **Rabbi Discretionary Fund**

- **Marsha Fishman Youth Education Fund**

*Supports Hebrew School and Youth Educational Activities*

- **Herb Kraus Adult Education Fund**

*Supports Adult Learning and Community Events*

- **Rabbi Skopitz Fund**

*Supports Cultural Events*

- **Torah Repair Fund**

*Supports Maintenance and Repair of Torah Scrolls*

- **Mitzvah Kiddush Donation**

- **Soldiers Project**