



RABBI'S RAMBLINGS...

January 23, 2019

י"ז שבט תשע"ט

Shalom,

As you might know, Shabbat begins at sunset on a Friday evening and ends at sunset on a Saturday evening, followed by *Havdallah*, a service that marks the separation between the holiness of the Sabbath and our return to the work week.

Our sages asked the question: What if I'm rushing out the door after Shabbat and don't get to do *Havdallah* immediately after Shabbat? Until when can I do it?

Well, the answer might take you by surprise: Tuesday! Our tradition teaches that the first part of the week, Sunday through Tuesday, is considered to be in the shadow of the previous Shabbat, and the last three days, from Wednesday to Friday, are considered to be a spiritual build-up to the next Shabbat.

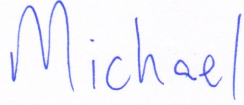
Some have understood from this teaching that one may in fact begin to say "Shabbat Shalom" to people from as early as Wednesday! Can you believe it?! Therefore, seeing as today is Wednesday, let me wait not a second longer and wish you and your loved ones a Shabbat Shalom – a Sabbath with moments of peace, rest, reflection, personal growth, loving companionship and good food.

This coming Friday night at 6:00pm, we will have a *Kabbalat Shabbat* service at Temple Beth David to welcome the arrival of the Sabbath, and the following are GUARANTEED!!!

- Singing – even if you don't know the words
- Joy – even if you're feeling lousy, someone named Joy will be there to
- It will be over by 7:00pm – that's right, the service will run no longer than an hour!

So, whether you come by yourself or wish to bring a friend, we look forward to seeing you and to starting of this Shabbat together with happiness and celebration.

Kol Tuv / כל טוב / May all be well for you,

A handwritten signature in blue ink that reads "Michael". The signature is written in a cursive, flowing style.

Rabbi Michael Silbert